

# Flex Therapist CEUs

## Complex Geriatric Patient

1. What is the term for the accumulation of knowledge, facts, and skills that are acquired throughout life?

- A. Accumulated knowledge
  - B. Crystallized Intelligence
  - C. Compound Acquired Intelligence
  - D. Acquired knowledge
- 

2. What is the term for a reduction in physical reserve amongst older adults, distinguished by increased vulnerability and decreased function?

- A. Weakness
  - B. Decline
  - C. Frailty
  - D. Aging
- 

3. What is the most commonly used non prescribed drug among older adults?

- A. Alcohol
  - B. Cocaine
  - C. Marijuana
  - D. Opiates
- 

4. What are two drugs that majorly contribute to side effects in the elderly?

- A. Aspirin and Tylenol
  - B. Benzodiazepines and Opiates
  - C. Alcohol and Opiates
  - D. NSAIDs and stimulants
- 

5. Polypharmacy is the simulataneous use of multiple drugs by one patient for one or more conditions.

- A. True
  - B. False
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6. What is one type of emerging technology that can be beneficial in reaching isolated

patients?

- A. Electronic Health Records (EHR)
  - B. Coordinate Care Tech
  - C. WebMD
  - D. Telehealth
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7. COPD affects over 45% of patients over 65 years of age.

- A. True
  - B. False
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8. What does SMART stand for?

- A. Specific, Maintainable, Attainable, Reasonable, Timely.
  - B. Scientific, Measurable, Attainable, Review, Time-bound.
  - C. Specific, Measurable, Attainable, Relevant, Time-bound.
  - D. Scientific, Marketable, Attribute, Reasonable, Timely.
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9. What is a common format used for daily progress notes in Physical Therapy?

- A. SLAP
  - B. MOAT
  - C. FORM
  - D. SOAP
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10. When considering goals for the patient, it is not important to discuss the patient's personal goals.

- A. True
  - B. False
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