

Flex Therapist CEUs

Implicit Bias in Physical Therapy

1. What crucial step should an organization take to combat implicit bias?

- A. Provider Discipline
 - B. Retrospective Implicit Association Testing
 - C. Group Activities Simulating Bias
 - D. Widespread Bias Training
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2. A White physical therapist avoids treating a Black patient on their schedule who has higher medical needs than other patients. What is this an example of?

- A. Implicit Bias
 - B. Unconscious Bias
 - C. Explicit Bias
 - D. Avoidance
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3. What is the greatest consequence of implicit bias in healthcare providers?

- A. Poor Patient Outcomes
 - B. Poor Diversity and Inclusion Measures
 - C. Poor Hospital Ratings
 - D. Explicit Biases within Healthcare Interactions
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4. What is meant by a person who understands cultures and how they affect healthcare decisions?

- A. Cultural Awareness
 - B. Cultural Competence
 - C. Cultural Understanding
 - D. Bias Prevention
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5. Which Implicit Association Test(s) may be useful for a physical therapist working in a bariatric unit in the South?

- A. Weight Bias Test
 - B. Skin-Tone Bias Test
 - C. Asian Bias Test
 - D. Both A & B
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6. Which is the primary structure involved in implicit bias within the brain?

- A. Amygdala**
 - B. Prefrontal Cortex**
 - C. Occipital Lobe**
 - D. Cerebellum**
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7. How should a physical therapist proceed to treat someone who is vocally against vaccinations for COVID-19?

- A. Tell the Patient to Leave the Facility**
 - B. Agree with the Patient**
 - C. Do Not Discuss Vaccinations as Long as the Patient Wears a Mask**
 - D. Refuse to Treat this Patient**
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8. A PTA talks slowly to an elderly patient compared to a middle-aged patient. What is this an example of?

- A. Explicit Bias**
 - B. Implicit Ageism**
 - C. Hearing Impaired Speech**
 - D. None of the Above**
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9. Which of the following populations faces the least amount of implicit bias within healthcare?

- A. Educated White Citizens**
 - B. Educated Asian Citizens**
 - C. Hearing Impaired Citizens**
 - D. Obese Patients**
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10. Which of the following is a social determinant of health?

- A. Healthcare**
 - B. Neighborhood**
 - C. Community**
 - D. All of the Above**
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