

# Flex Therapist CEUs

## Ethics and Jurisprudence for Pennsylvania Physical Therapy

**1. What should a physical therapist assistant do if he observes a physical therapist leaving early when a patient is five minutes late to her appointment?**

- A. Report to the State Board
  - B. Address the Concern with the Physical Therapist
  - C. Go Directly to the Clinic Supervisor
  - D. See the PT's patient for them
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**2. What must a telehealth platform have to support ethical patient care?**

- A. HIPAA Compliance
  - B. Integrated Patient Messaging
  - C. Exercise Programs
  - D. Personal Phone Number of the Therapist
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**3. A physical therapists may see a patient without a referral under which condition in PA?**

- A. Five Years of Clinical Experience
  - B. A Score of the 90th Percentile on the NPTE
  - C. Continuing Education on Direct Access
  - D. Certificate of Authorization
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**4. What is the date of licensure expiration of Pennsylvania PTs and PTAs?**

- A. Licensee Birthday
  - B. January 1st
  - C. December 31st
  - D. December 1st
- 

**5. Physical therapists and assistants must have all the following except which regarding their initial application for licensure?**

- A. Professional Liability Insurance
  - B. 30 Hours of Continuing Education
  - C. NPTE Passing Score
  - D. Disclose all Other State Licenses
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**6. What type of telehealth service should a physical therapist use to interact one-on-one with a patient through a live video?**

- A. Synchronous
  - B. Asynchronous Store and Forward
  - C. Direct
  - D. Remote Therapeutic Monitoring
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**7. Which of the following is NOT a requirement for PTs and PTAs in the state of Pennsylvania?**

- A. Two Hours on Ethics and Laws
  - B. Two Hours on Child Abuse Identification and Reporting
  - C. Two Hours on Modalities
  - D. 30 Total Hours
- 

**8. What could a physical therapist use to monitor a patient's subjective responses to exercise from a different location?**

- A. Remote Patient Monitoring
  - B. Remote Therapeutic Monitoring
  - C. Synchronous Delivery
  - D. Asynchronous Store and Forward
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**9. What ethical concept is being challenged when a therapist accepts a gift worth \$100 from a patient?**

- A. Compassion
  - B. Conflict of Interest
  - C. Respect
  - D. Altruism
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**10. What is the main purpose of the Pennsylvania State Board of Physical Therapy?**

- A. Protect the Public
  - B. Revoke Licenses
  - C. Approve Continuing Education
  - D. Address PT Compact Status
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**11. What should a physical therapist do if they notice their colleague harassing and belittling a client?**

- A. Report to Supervisor and State Board
- B. Do Nothing
- C. Offer to Treat this Client

D. Call the Police

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**12. What must a foreign-trained applicant do to practice physical therapy in Pennsylvania?**

- A. Their License Transfers Without Additional Action
  - B. Submit Their Country's Examination Scores to PA State Board
  - C. Take the NPTE and Send Required Documents to the PA State Board
  - D. They Cannot Practice
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**13. How should a PTA address being persuaded to see five patients at a time with group therapy when they would benefit more from individual sessions?**

- A. Explain the Clinical Benefit to the Director of Rehabilitation
  - B. Say Nothing
  - C. Treat the Patients Individually
  - D. Quit their Job
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**14. A PT student has been told by her Clinical Instructor to treat patients without him as he attends an appointment. What should the student do?**

- A. Treat Patients
  - B. Obtain Supervision by the PTA On Site
  - C. Take the Day Off
  - D. Ask the Therapist to be Supervised by another PT
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**15. A popular personal trainer made an Instagram post about how to improve low back pain from lifting heavy objects, with use of the term physical therapy. What should a physical therapist do who observes this post?**

- A. Address it with the Content Creator and Report to the Pennsylvania State Board
  - B. Make Negative Comments on the Post
  - C. Do Nothing
  - D. Post Content Warning the Public about Misleading Content
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**16. A physical therapist refuses to take continuing education courses on shoulder rehabilitation because they do not like treating shoulders despite a high caseload of patients with shoulder pain. What ethical dilemma does this compromise?**

- A. Conflict of Interest
  - B. Professional Duty
  - C. Compassion
  - D. Respect
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**17. A patient admits to a physical therapist they cannot afford therapy anymore but are in great clinical need. Which of the following is the worst option to manage this situation?**

- A. Refer to Pro Bono Services
  - B. Offer Discounted Services if Possible
  - C. Persuade the Patient to Keep Having Therapy Anyway
  - D. Give the Patient an Exercise Program that Visit
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**18. Which scenario requires a therapist to immediately call law enforcement?**

- A. A Child with Bruises on His/Her Arms
  - B. A Client who Appears Intoxicated
  - C. A Woman in Her 20s Reporting Domestic Abuse
  - D. A Disrespectful Patient
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**19. What is the main problem with burnout among healthcare workers?**

- A. Poor Work Life Balance
  - B. Losing a Job
  - C. Poor Work Culture
  - D. Poor Patient Care
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**20. A patient comes in direct access to a physical therapist in Pennsylvania complaining of chest pain that does not stop with rest. What should this PT do?**

- A. Refuse to See the Patient
  - B. Refer Out for Immediate Cardiac Examination
  - C. Treat the Patient
  - D. Instruct the Patient to Eat Less Sodium
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