# Flex Therapist CEUs

## Ethics for the Oklahoma Physical Therapist

#### **Ethical Dilemmas**

- 1. An ethical dilemma may emerge from something as innocent as conflicting state and county guidelines or unknowingly using outdated standards or therapeutic equipment.
- A. True
- B. False

### **Ethical Approaches**

- 2. Which of the following ethical approaches promotes the maximum amount of pleasure and happiness with the minimum amount of pain and suffering?
- A. Utilitarianism
- B. Personalized
- C. Deontologic
- D. Natural law theory

### **State Regulatory Boards**

- 3. Physical therapists do all of the following, except:
- A. Diagnose impairments, functional limitations, and disabilities related to medical conditions, movement dysfunction, and other health-related disorders.
- B. Provide medical diagnoses.
- C. Identify when a patient's signs and symptoms potentially lie outside the scope of the physical therapist's diagnosis.
- D. Identify when a patient requires a referral to a physician for further diagnostic work-up and identification or underlying pathology.

### **Oklahoma Regulations**

4. If the interim supervised clinical practice period for a foreign-educated physical therapist is not satisfactorily completed within a six-month period, the Board may issue a second interim permit

for an additional six month period. A third permit will only be issued under extreme circumstances.
A. True B. False
5. No license will be issued to a Physical Therapist who has done any of the following, except for:
<ul> <li>A. Provided Physical Therapy treatment other than upon referral of a duly licensed physician or surgeon, dentist, chiropractor, or podiatrist.</li> <li>B. Used drugs or alcohol excessively, affecting competence or judgment, unless is able to provide satisfactory evidence of rehabilitation and participation efforts.</li> <li>C. Conducted himself / herself in a manner considered improper by recognized acceptable standards of moral and ethical conduct.</li> <li>D. All of the above are criteria for disqualification as a physical therapist</li> </ul>
6. A temporary License may be granted to an out of state licensee to conduct continuing education instruction within the State of Oklahoma under the supervision of a Physical Therapist who is a holder of a current and unrestricted license to practice as a Physical Therapist in the State of Oklahoma.
A. True B. False
7. In the event of failure to pass the examination, an applicant will not be eligible to re-apply for examination in Oklahoma.
A. First B. Second C. Third D. Fourth
8. Which of the following is to examine methodically in order to separate into different groups to identify problems which can be managed within the expertise of a licensed physical therapist?
A. To educate B. To screen C. To diagnose D. To treat
9. If the physical therapist determines, based on reasonable evidence that appropriate improvement in symptoms or function has not been made within days of the date on the referral, the physical therapist shall consult with or refer the patient back to the health care

A. 30 B. 60 C. 90 D. 120
APTA Code of Ethics
10. The purpose of the Code of Ethics is to:
<ul> <li>A. Define the ethical principles that form the foundation of physical therapist practice in patient / client management, consultation, education, research, and administration.</li> <li>B. Provide guidance for physical therapists facing ethical challenges, regardless of their professional roles and responsibilities.</li> <li>C. Establish the standards by which the American Physical Therapy Association can determine if a physical therapist has engaged in unethical conduct.</li> <li>D. All of the above.</li> </ul>
11. Physical therapists shall provide the information necessary to allow patients or their surrogates to make informed decisions about physical therapy care or participation in clinical research.  A. True B. False
12. Physical therapists shall collaborate with patients / clients to empower them in decisions about their health care.
A. True B. False
13. Physical therapists who have knowledge that a colleague is unable to perform their professional responsibilities with reasonable skill and safety shall not interfere, as doing so will lead to a hostile work environment and make it more difficult for the patients / clients.
A. True B. False
14. Physical therapists shall not accept gifts or other considerations that:
<ul> <li>A. Influence or give an appearance of influencing their professional judgement.</li> <li>B. Are over a \$25 value.</li> <li>C. Both (A) and (B).</li> <li>D. None of the above.</li> </ul>

professional who originated the referral.

# 15. Physical therapists can recommend products or services that they have a financial interest in without disclosing that interest to their patients / clients.

- A. True
- B. False

#### 16. Physical therapists shall advocate to:

- A. Reduce health disparities and health care inequities.
- B. Improve access to health care services.
- C. Address the health, wellness, and preventive health care needs of people.
- D. Physical therapists shall advocate for all of the above.

### **APTA Guide for Professional Conduct**

#### 17. Physical therapists shall do each of the following, except:

- A. Shall act in a respectful manner toward each person regardless of age, gender, race, nationality, religion, ethnicity, social or economic status, sexual orientation, health condition, or disability.
- B. Shall not engage in any sexual relationship with any of their patients / clients, supervisees, or students, unless it is consensual by all parties involved.
- C. Shall encourage colleagues with physical, psychological, or substance-related impairments that may adversely impact their professional responsibilities to seek assistance or counsel.
- D. Shall provide pro bono physical therapy services or support organizations that meet the health needs of people who are economically disadvantaged, uninsured, and underinsured.

# 18. With regard to the patient / client management role, once a physical therapist accepts an individual for physical therapy services he / she shall be responsible for:

- A. The examination, evaluation, and diagnosis of that individual.
- B. The prognosis and intervention.
- C. The maintenance of adequate records, including progress reports.
- D. The physical therapist is responsible for all of the above.

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