

# Flex Therapist CEUs

## ICU-Acquired Weakness Therapy Considerations

**1. How does ICUAW differ from other neuromuscular disorders in the ICU?**

- A. Facial and ocular muscles are rarely involved.
  - B. Creatine kinase levels are not elevated.
  - C. Demyelination is not a feature.
  - D. All of the above.
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**2. Overall, studies have shown that ICUAW results in increased:**

- A. Muscle protein synthesis
  - B. Muscle catabolism
  - C. Muscle mass
  - D. All of the above
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**3. Prolonged use of neuromuscular blockers is the most consistently identified risk factor for ICUAW.**

- A. True
  - B. False
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**4. Mechanical ventilation is a major factor in the disuse atrophy and deconditioning of a patient's respiratory muscles because it may replace the spontaneous respiratory muscle effort.**

- A. True
  - B. False
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**5. Improved muscle strength has translated into evidence of improved hospital outcomes with regards to duration of weaning and length of stay in the ICU and hospital.**

- A. True
  - B. False
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