

# Flex Therapist CEUs

## Implicit Bias in Physical Therapy

**1. What crucial step should an organization take to combat implicit bias?**

- A. Provider Discipline
  - B. Retrospective Implicit Association Testing
  - C. Group Activities Simulating Bias
  - D. Widespread Bias Training
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**2. A White physical therapist avoids treating a Black patient on their schedule who has higher medical needs than other patients. What is this an example of?**

- A. Implicit Bias
  - B. Unconscious Bias
  - C. Explicit Bias
  - D. Avoidance
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**3. What is the greatest consequence of implicit bias in healthcare providers?**

- A. Poor Patient Outcomes
  - B. Poor Diversity and Inclusion Measures
  - C. Poor Hospital Ratings
  - D. Explicit Biases within Healthcare Interactions
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**4. What is meant by a person who understands cultures and how they affect healthcare decisions?**

- A. Cultural Awareness
  - B. Cultural Competence
  - C. Cultural Understanding
  - D. Bias Prevention
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**5. Which Implicit Association Test(s) may be useful for a physical therapist working in a bariatric unit in the South?**

- A. Weight Bias Test
  - B. Skin-Tone Bias Test
  - C. Asian Bias Test
  - D. Both A & B
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**6. Which is the primary structure involved in implicit bias within the brain?**

- A. Amygdala
  - B. Prefrontal Cortex
  - C. Occipital Lobe
  - D. Cerebellum
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**7. How should a physical therapist proceed to treat someone who is vocally against vaccinations for COVID-19?**

- A. Tell the Patient to Leave the Facility
  - B. Agree with the Patient
  - C. Do Not Discuss Vaccinations as Long as the Patient Wears a Mask
  - D. Refuse to Treat this Patient
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**8. A PTA talks slowly to an elderly patient compared to a middle-aged patient. What is this an example of?**

- A. Explicit Bias
  - B. Implicit Ageism
  - C. Hearing Impaired Speech
  - D. None of the Above
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**9. Which of the following populations faces the least amount of implicit bias within healthcare?**

- A. Educated White Citizens
  - B. Educated Asian Citizens
  - C. Hearing Impaired Citizens
  - D. Obese Patients
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**10. Which of the following is a social determinant of health?**

- A. Healthcare
  - B. Neighborhood
  - C. Community
  - D. All of the Above
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