

# Flex Therapist CEUs

## Texas Human Trafficking Prevention

**1. A health care professional has questions regarding the use of coercion in human trafficking. Which of the following informational points of interest should be communicated to the health care professional?**

- A. Coercion includes the use of threats of serious harm to or physical restraint against any person, psychological manipulation, document confiscation, and shame and fear-inducing threats to share information or pictures with others or report to authorities.
  - B. Coercion includes the use of false promises regarding employment, wages, working conditions, love, marriage, or better life.
  - C. Coercion includes the use of sexual assault, monitoring, and confinement.
  - D. Coercion is not used in human trafficking.
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**2. Which of the following statements best defines sex trafficking?**

- A. Sex trafficking is the recruitment, harboring, transportation, provision, obtaining, patronizing, or soliciting of a person for the purposes of a consensual commercial sex act, in which the commercial sex act is induced by force, fraud, or coercion, or in which the person induced to perform such an act has not attained 16 years of age.
  - B. Sex trafficking is the recruitment, harboring, transportation, provision, obtaining, patronizing, or soliciting of a person for the purposes of a consensual commercial sex act, in which the commercial sex act is induced by force, fraud, or coercion, or in which the person induced to perform such an act has not attained 18 years of age.
  - C. Sex trafficking is the recruitment, harboring, transportation, provision, obtaining, patronizing, or soliciting of a female person for the purposes of a commercial sex act, in which the commercial sex act is induced by force, fraud, or coercion, or in which the person induced to perform such an act has not attained 16 years of age.
  - D. Sex trafficking is the recruitment, harboring, transportation, provision, obtaining, patronizing, or soliciting of a person for the purposes of a commercial sex act, in which the commercial sex act is induced by force, fraud, or coercion, or in which the person induced to perform such an act has not attained 18 years of age.
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**3. Which of the following statements is most accurate?**

- A. Human trafficking is a crime committed against a country and its borders.
  - B. Human smuggling is a crime committed against an individual.
  - C. Human trafficking is a crime committed against an individual and a country.
  - D. Human smuggling is a crime committed against a country and its borders.
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**4. A health care professional is developing an educational lecture on the Trafficking Victims Protection Act of 2000 (TVPA). Which of the following educational points should be included in the health care professional's lecture?**

- A. The TVPA limits protection for trafficking victims in the U. S. by making foreign victims ineligible for federally funded or administered health care.
  - B. The TVPA provides increased protection for trafficking victims in the U. S. by making foreign victims eligible for federally funded or administered health and other benefits and services and by requiring federal agencies to expand the provision of such benefits and services to victims, regardless of their immigration status.
  - C. The TVPA only protects foreign national victims of human trafficking under the age of 65.
  - D. The TVPA only protects foreign national victims of human trafficking over the age of 65
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**5. A health care professional assesses a trafficked individual's acute injuries. The trafficked individual is a 19-year-old female that was forced into the sex-industry. What should the health care professional consider?**

- A. Sex-industry victims are often beaten in visible areas.
  - B. Sex-industry victims are often beaten in areas that won't damage their outward appearance, like their lower back.
  - C. Typically, sex-industry victims are not beaten.
  - D. Typically, sex-industry victims, under the age of 20, are not beaten.
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**6. A health care professional believes that a trafficked individual is suffering from delirium. Which of the following signs/symptoms may indicate that the trafficked individual may be suffering from delirium?**

- A. Glossitis
  - B. Enuresis
  - C. Slow, coherent speech
  - D. Rambling speech
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**7. A health care professional believes that a trafficked individual is suffering from a traumatic brain injury (TBI). Which of the following signs/symptoms may indicate that the trafficked individual may be suffering from a TBI?**

- A. Polyphagia
  - B. Polydipsia
  - C. Problems with excessive weight gain
  - D. Problems with short or long-term memory
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**8. Which of the following best represents an indicator of human trafficking?**

- A. The individual sleeps where he or she works
- B. The individual lives within five miles from where he or she works

- C. The individual lives within eight miles from where he or she works
  - D. The individual lives within 10 miles from where he or she works
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**9. Which of the following best represents an individual barrier to the identification and disclosure of human trafficking?**

- A. The individual lacks awareness that what he or she is experiencing is human trafficking
  - B. Fears violating HIPAA rules
  - C. A lack of information regarding good referral options
  - D. Victim-blaming attitudes
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**10. A health care professional has questions regarding human trafficking and communication. Which of the following informational points of interest should be communicated to the health care professional?**

- A. Health care professionals should avoid the use of plain, non-medical language.
  - B. Health care professionals should avoid using the patient's words to describe their condition or current situation.
  - C. Health care professionals should note that culture can influence how loudly it is appropriate to talk, the tone and level of expressiveness in the voice, and the speed of speech.
  - D. Health care professionals should note that culture does not influence how loudly it is appropriate to talk, the tone and level of expressiveness in the voice, or the speed of speech.
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**11. A health care professional is utilizing an interpreter to help communicate with a trafficked patient. Which of the following recommendations should the health care professional follow to effectively work with the interpreter and the patient?**

- A. Health care professionals should address their introductions to the interpreter
  - B. Do not use the first person
  - C. Face and speak directly to the patient
  - D. Use medical and/or health care jargon
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**12. Which of the following best represents a provider barrier to the identification and disclosure of human trafficking?**

- A. Feels complicit in an illegal act
  - B. Fears deportation
  - C. Fears law enforcement
  - D. Lacks trauma-informed care training
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**13. Which of the following statements best defines the term implicit bias?**

- A. Implicit bias may refer to the attitudes or stereotypes that affect individuals' understanding, actions, and decisions in a conscious manner.

- B. Implicit bias may refer to the attitudes or stereotypes that affect individuals' understanding, actions, and decisions in an unconscious manner.
  - C. Implicit bias may refer to the attitudes or stereotypes that may be used to understand a person and/or group of people.
  - D. Implicit bias may refer to the attitudes or stereotypes that promote safe and effective health care.
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**14. A health care professional is working on building trust with a potentially trafficked patient. Thus, the health care professional attempts to engage in active listening when talking with the patient. How can the health care professional ensure active listening occurs when talking with the patient?**

- A. Avoid eye contact
  - B. Avoid words of encouragement
  - C. Do not respond to the patient
  - D. Limit interruptions
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**15. Which of the following statements is most accurate?**

- A. Trauma-informed care focuses on what is wrong with a patient versus what happened to a patient.
  - B. Trauma-informed care focuses on what happened to a patient versus what is wrong with a patient.
  - C. Collaboration is not a key principle of trauma-informed care.
  - D. Health care professionals should avoid transparency when administering trauma-informed care.
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**16. Which of the following statements best defines the term patient-centered care?**

- A. Patient-centered care may refer to a type of health care that focuses on what is wrong with a patient.
  - B. Patient-centered care may refer to a type of health care that focuses on injuries.
  - C. Patient-centered care may refer to a type of health care that focuses on chronic injuries and the long-term needs of a patient.
  - D. Patient-centered care may refer to a process for working with patients that is characterized by compassion, empathy, respect, and meeting the needs of the patient.
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**17. Which of the following best represents a recommendation that may be used to have a private conversation with a potential trafficked individual?**

- A. Avoid accusations
  - B. Accuse potential traffickers
  - C. Openly criticize the patient
  - D. Openly criticize the patient and potential traffickers
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**18. A health care professional has questions regarding human trafficking and safety plans. Which of the following informational points of interest should be communicated to the health care professional?**

- A. A safety plan should only be applied to trafficked individuals over the age of 65.
  - B. A safety plan should only be applied to trafficked individuals under the age of 65.
  - C. A safety plan for trafficked individuals should assess the current risk and identify safety concerns, as well as create strategies for preventing of harm.
  - D. A safety plan for trafficked individuals should assess the current risk and identify safety concerns; however, it should not create strategies for preventing harm.
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**19. A health care professional has questions regarding reporting human trafficking. Which of the following informational points of interest should be communicated to the health care professional?**

- A. Human trafficking is a form of child abuse under Section 261.001, Texas Family Code, and it must be reported to law enforcement or the Texas Department of Family and Protective Services (DFPS) within 48 hours of suspected abuse.
  - B. Human trafficking is a form of child abuse under Section 261.001, Texas Family Code, and it must be reported to law enforcement or the Texas Department of Family and Protective Services (DFPS) within 72 hours of suspected abuse.
  - C. Human trafficking is a form of child abuse under Section 261.001, Texas Family Code, and it must be reported to law enforcement or the Texas Department of Family and Protective Services (DFPS) within 96 hours of suspected abuse.
  - D. Human trafficking is a form of child abuse under Section 261.001, Texas Family Code, and it must be reported to law enforcement or the Texas Department of Family and Protective Services (DFPS) within one week of suspected abuse.
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**20. Which of the following statements is most accurate?**

- A. In the state of Texas, any professional who suspects that an adult aged 65 or older, or a person with disabilities, is being abused, neglected, or financially exploited has a legal obligation to report it.
  - B. In the state of Texas, health care professionals do not have a legal obligation to report the abuse of an adult aged 65 or older.
  - C. In the state of Texas, health care professionals do not have a legal obligation to report the abuse of a person with disabilities.
  - D. In the state of Texas, health care professionals do not have a legal obligation to report the neglect of an adult aged 65 or older or a person with disabilities.
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