Flex Therapist CEUs

Vestibular Rehab - An Overview of Testing and

Treatment Options		

1	. wnich	0I	tne	IOHOW	ing is	centrai	vestibular	aisoraer?

- A. Meniere's disease
- B. Labyrinthitis
- C. Acoustic Neuroma
- D. Vestibular migraine

2. Which of the following is not part of the vestibular labyrinth?

- A. The posterior canal
- B. Vestibularcochlear nerve
- C. Utricle
- D. Saccule

3. Which of the following movements will a semicircular canal detect?

- A. Rotation
- B. gravity
- C. acceleration
- D. Horizontal movement

4. Which of the following symptoms suggest a central vestibular disorder over a peripheral vestibular disorder?

- A. Positional vertigo
- B. Constant nystagmus
- C. Intermittent nausea
- D. Vomiting

5. An elderly woman complains of vertigo only when she is cleaning her home. Which test would be best to determine how impaired her ability is due to her vertigo?

- A. FGA
- B. VOR testing
- C. CTSIB
- D. Dix-Hall Pike Maneuver

- 6. All except which of the following are part of cranial nerve testing?
- A. looking upward to the right
- B. Looking downward to the right
- C. Following the clinician draw the letter "H"
- D. opening and closing the eyes 10 times
- 7. After performing the Dix-Hall Pike Maneuver, a physical therapist suspects their patient has BPPV on the right side. Which of the following treatments would be the most appropriate?
- A. Semont maneuver with the patient's head turned to the right
- B. Semont maneuver with the patients head turned to the left
- C. Epley maneuver with the patient's head turned to the left
- D. Brandt-Daroff exercises
- 8. A physical therapist wants to give a patient with BPPV a home exercise program. She often loses her balance while performing exercises in the office. Which would be the most appropriate program to give her?
- A. Gaze stabilization exercises while standing
- B. Gaze stabilization exercises while walking
- C. Brandt-Daroff exercises
- D. Single leg balance
- 9. A patient is motivated to recover from labyrinthitis. What can her physical therapist provide her in order to optimize her recovery?
- A. A home exercise program and resources on a healthy diet
- B. Advice on bedrest
- C. Advice to start a new fitness routine
- D. Just come to physical therapy and not to worry about symptoms outside of session

Copyright © 2025 Flex Therapist CEUs

Visit us at https://www.flextherapistceus.com